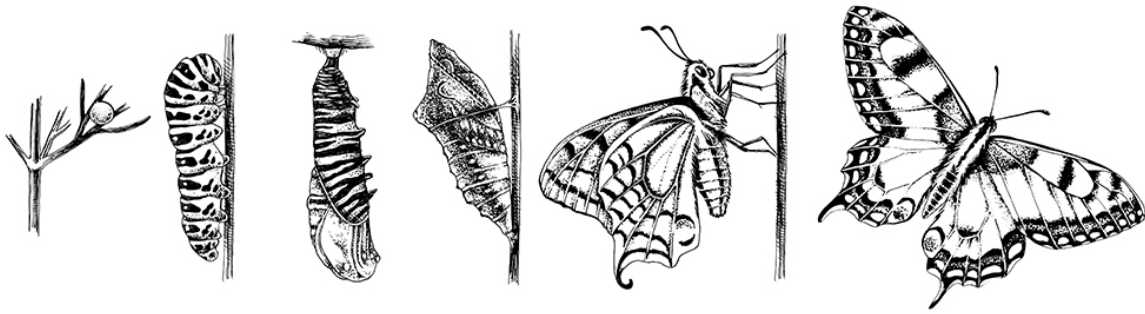


# 5 STEPS TO SUSTAINABLE TRANSFORMATION THROUGH EXECUTIVE COACHING



## BRIEF



We begin with a conversation to understand your needs, goals, challenges, and context. During this session, I assess your readiness for being coached and explore if we are a good fit to work together.

STEP 01

## SIGN-OFF

Once a decision is made to proceed, we both agree on a final version of your program structure. We agree to a coaching commitment that outlines the boundaries of the coaching relationship, my commitments, your commitments, confidentiality and ethics.



STEP 02



## KICK-OFF

You complete assessments and diagnostics and we conduct a strategy session to document your goals. Time for coaching to commence!

STEP 03

## COACHING IN PROGRESS

The underlying belief which informs my coaching style is that you have the answers within yourself and I facilitate your journey of discovering solutions.



STEP 04



## CONCLUSION

In the last session, we carry out a debrief and perform a final evaluation of the overall program. I provide next steps and recommendations aimed to sustain development and growth.

STEP 05